

NSW RACE WALKING CLUB

Check out the Website: www.nswracewalkingclub.com

Established 1911



The RACEWALKER 21st July, 2012

Welcome once again to a Club Day at Earlwood (Tempe). Today is the second part of the **Racewalking Australia Challenge**.

The combined handicap winner of the Long and Medium men 10km **Hadley Cup** from last Saturday's competition is **Carl Gibbons**.

Today we have the **Randall trophy** which is for the combined handicap winner of the Under 12 years age group.

Saturday 28th July – no competition as the next day **Sunday 29th July is the Athletics NSW Long Walks Championships**.

This is the third Athletics NSW State Championship for this winter season and any walker who is a current registered member of a senior club is eligible to enter. Entries can be made online at www.nswathletics.org.au Online athlete entry into Masters, Open, U20 and U16 events is \$18, but on the **day entry is \$25**. Online athlete entry into the U12 events is \$13, but on the **day entry is \$20**. Athletes must be registered with Athletics NSW (or other state member association) for the 2011-12 season and wear their Athletics club uniform with their bibs worn front and back for the duration of the Championship. **Online entries and payment** is to be submitted by midnight, **Wednesday 25th July, 2012**.

Raffle

Congratulations to our raffle winner last Saturday who was the **Barendregt family**.

Trash and Treasure Auction

We know that 18th August is many weeks away, but if you did any winter school holiday cleaning, don't throw out any "treasures or trash" put them in a box and bring to our Auction to raise some money for our Club.

Fun Run

As you are aware we have a fun run at the conclusion of our walks each Saturday and it is free entry for everyone who has walked, but if there are any mums, dads, brothers and sisters who would like to join in the fun and just have a run, it is only \$2. We have a point score for this, as we do for the walks.

Best Wishes

Best wishes to **Adam Rutter** who is competing in the walk at the London Olympics and also to his parents Jenny and Richard who are travelling to London to watch the race. Jenny Lingley will also be in London watching the Olympics and having a holiday as well.

Australian Championships and Federation events in Adelaide

Athletics Australia website now has entries open for these events which are being conducted on Sunday 26th August.

RESULTS

Results of 14th July 2012 - NSWRC Club Event at Haberfield

Long Division 10km

Place	Name	Finish Time	Handicap Time	Handicap Place
1	Cheryl Webb	48.13	46.18	2
2	Derek Mulhearn	57.07	54.43	3
3	Joan Purcell	73.31	38.12	1
DNF	Steven Washburn	DNF	-	-

RESULTS

Results of 14th July 2012 - NSWRC Club Event at Haberfield

Medium Division - 10km

Place	Name	Finish Time	Handicap Time	Handicap Place
1	Tyler Jones	52.05	47.33	6
2	Robert Murphy	54.49	45.28	3
3	Jasmine Dighton	55.03	44.43	2
4	Tom Doyle	56.09	48.15	7
5	Carl Gibbons	58.12	42.58	1
6	Bryony Beasley	62.40	47.02	5
7	Tony Psarianos	67.04	49.03	8
8	Caitlin Plummer	79.19	46.48	4
9	Amanda Barendregt	80.21	65.41	9
INV	Brendon Hyde	84.08	-	-

Short Division - 5km

Place	Name	Finish Time	Handicap Time	Handicap Place
INV	Nicolle Fagan	26.02	-	-
1	Aiden Kerr	26.13	25.24	1
2	Jasmyn McDonald	28.26	27.19	3
3	Adam Mylonas	29.53	26.11	2
4	Stephanie Grujoski	32.23	27.55	4
5	Rhiannon Minett	33.10	29.13	6
6	Nicolle Challinor	37.51	30.09	7
6	Mary Willis	37.51	28.17	5
INV	Anthony Albanese	36.49	-	-

U16 Division - 2km - Handicap Start

Place	Name	Finish Time	Handicap Time	Handicap Place
1	Kyle Bedford	9.34	13.47	4
2	Dylan Richardson	10.34	13.12	2
3	Ben Tisdale	10.55	14.30	6
4	Travis Barendregt	11.32	13.09	1
5	Ally Grujoski	11.36	13.36	3
6	Yasmin Mills	11.58	13.47	5
7	Mascey Willis	14.03	16.02	8
8	Daniella Salisbury	14.21	15.06	7

U12 Division - 1km

Place	Name	Finish Time	Handicap Time	Handicap Place
1	Haley Mills	5.18	4.56	3
2	Lauren Tisdale	5.27	5.08	4
3	James Plummer	5.31	4.39	1
4	Niamh Sanday	5.35	4.40	2
5	Renee Hardy	5.45	5.12	5
6	Lachlan Beecroft	6.28	5.13	6
7	Brooke Martin	7.21	5.45	7
8	Logan Barendregt	8.10	6.08	9
9	Aiden Hardy	10.25	6.31	10
10	Emily Challinor	10.29	6.05	8