

NSW RACE WALKING CLUB

Check out the Website: www.nswracewalkingclub.com

Established 1911



The RACEWALKER 12th May, 2012

Welcome to the **Kevin Stone Memorial Nepean Open** and on behalf of our walking club we would like to thank **Nepean Athletic Club** for kindly providing the trophies for today's competition at **Tench Reserve, Tench Avenue, Jamisontown** (near Penrith) which is one of our new venues.

We also have the **Mitchell Family Trophy** for the winner of the combined Short Division Handicap, who will be presented with the trophy on 26th May.

Congratulations to **Bronti Westaway** who was the winner of the **Vecellio Trophy** awarded to the combined handicap winner of the Under 12 boys and girls walk last week which was also the first perpetual trophy to be contested this season.

Sunday 20th May – ANSW State Teams and Individual Championships

This is the first Athletics NSW State Championship for this winter season and any walker who is a current registered member of a senior club is eligible to enter. Entries can be made online at www.nswathletics.org.au Online athlete entry into Masters, Open, and U18 events is \$18, but on the **day entry is \$25**. Online athlete entry into U14 events is \$13, but on the **day entry is \$20**. Athletes must be registered with Athletics NSW (or other state member association) for the 2011-12 season and wear their Athletics club uniform with their bibs worn front and back for the duration of the Championship. **Online entries and payment** is to be submitted by midnight, **Wednesday 16th May 2012**.

Saturday 19th May

No competition NEXT SATURDAY, as Athletics New South Wales State Teams and Individual Championships are being conducted at **Tench Reserve, Tench Avenue, Jamisontown** (near Penrith) on Sunday 20th May. Please note the CHANGE OF VENUE.

Raffle

Congratulations to last week's winner **Nathan Brown**.

Fun Run

As you are aware we have a fun run at the conclusion of our walks each Saturday and it is free entry for everyone who has walked, but if there are any mums, dads, brothers and sisters who would like to join in the fun and just have a run, it is only \$2. We have a point score for this, as we do for the walks.

Drinks

It would really be appreciated if all the walkers in Long and Medium divisions could bring their own drink bottles and place on the drinks table prior to the start of their race.

Canberra Federation

The Federation of Racewalking clubs carnival being held on Sunday 10th June in Canberra (Queens Birthday long weekend). This is the biggest race walking carnival on the calendar and is always very well supported by our club. Keep this day free as there will be no competition in Sydney on that weekend. See **Judy Vecellio** today for more information and collection of entry forms.

RESULTS

Results of Week 5th May 2012 - Hurstville Grove

Long Division - 10km			10KM		15KM	
Place	Name		Finish Time	Handicap Time	Handicap Place	Finish Time
1	Kyle	Malone	49.56	44.51	3	-
2	Steven	Washburn	50.44	44.12	2	84.52
3	Derek	Mulhearn	50.55	43.57	1	-
4	Kirsty	Klein	51.58	-	-	-
5	Cheryl	Webb	52.39	50.51	7	-
6	Melissa	Hayes	52.52	-	-	-
7	Lauren	Bourke	53.53	44.59	4	82.46
8	Matthew	Killen	58.44	46.21	5	-
9	Anthony	Albenese	61.48	46.52	6	92.39

RESULTS

Results of Week 5th May 2012 - Hurstville Grove

Medium Division - 8km

Place	Name		Finish Time	Handicap Time	Handicap Place
1	Tyler	Jones	40.13	37.44	5
2	Tom	Doyle	44.22	35.17	7
3	Robert	Murphy	44.34	26.22	2
4	Jasmine	Dighton	45.45	13.40	1
5	Amanda	Barendregt	48.47	27.12	4
6	Caitin	Plummer	52.02	19.45	3
7	Bryony	Beasley	54.10	26.21	8
8	Judy	Brown	65.22	13.40	6
INV	Tayla-Paige	Billington	DNF	-	-

Short Division - 4km

Place	Name		Finish Time	Handicap Time	Handicap Place
1	Nathan	Brown	22.02	22.02	3
2	Jasmyn	McDonald	22.12	20.19	5
3	Adam	Mylonas	22.14	20.12	4
4	Mary	Willis	25.53	17.30	2
5	Rhiannon	Minett	27.01	23.46	7
6	Nicolle	Challinor	29.07	15.44	1
7	Angela	Redzic	29.49	20.54	6

U16 Division - 3km

Place	Name		Finish Time	Handicap Time	Handicap Place
1	Kyle	Bedford	15.26	14.51	5
2	Dylan	Richardson	16.25	15.37	7
3	Harrison	Maven	16.43	-	-
4	Ryan	Thompson	17.34	15.19	6
5	Ben	Tisdale	17.57	14.25	4
6	Ally	Grujoski	18.09	7.35	1
7	Tiffany	Saker	18.55	17.00	9
8	Travis	Barendregt	19.36	14.20	3
9	Daniella	Salisbury	21.09	15.49	8
10	Mascey	Willis	21.45	11.11	2

U12 Division - 1.5km

Place	Name		Finish Time	Handicap Time	Handicap Place
1	Haley	Mills	7.56	7.21	3
2	Sybella	Mckay	8.07	7.39	5
3	Holly	Lay	8.32	-	-
4	Niamh	Sanday	9.00	8.03	9
5	James	Plummer	9.09	8.11	10
6	Morgan	Little	9.13	7.55	7
7	Bayden	Little	9.36	8.32	11
8	Lachlan	Becroft	10.33	7.40	6
9	Brooke	Martin	10.33	7.11	2
10	Logan	Barendregt	11.09	8.01	8
11	Bronti	Westaway	11.42	6.08	1
12	Jade	Thompson	11.43	8.33	12
13	Emily	Challinor	14.53	7.36	4