

# NSW RACE WALKING CLUB

Check out the Website: [www.nswracewalkingclub.com](http://www.nswracewalkingclub.com)

Established 1911



## The RACEWALKER 29<sup>th</sup> July, 2017

Welcome back to Oatley and the **Sutherland Open**. **Sutherland District Athletics Club** will be awarding trophies to the first male and female fastest in each division plus 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place combined handicap winners in each division. This is our last trophy day for this season and also the conclusion of this season's point score.

**Today's** perpetual trophies are the Randall trophy for the combined handicap winner of the Under 12 years walkers and the Crocker trophy for the combined handicap winner of the Under 10 years race.

Recent perpetual trophy winners have been **Janaya Lee** the McDougall trophy for the Long and Medium division women combined handicap winner, **Ryan Thomson** won the mens, and the Huxley Family shield for the Under 16 division combined handicap winner who was **Elizabeth McMillan**.

We have not yet been advised which race walking club has won the **Racewalking Australia Challenge** which we held on 8<sup>th</sup> July at Chipping Norton, but as soon as we know we will pass it on to our all members.

Congratulations to all our walkers who competed last Sunday 23<sup>rd</sup> July at Chipping Norton in the Athletics NSW Long Walk Championships. We have quite a few new State Champions and many of our walkers did pb's as well. Also special congratulations to **Anne Weekes** who set new NSW Masters Records for the 10km & 20km.

**Saturday 5<sup>th</sup> August is our Club Championships at Chipping Norton** and trophies will be presented for 1,2,3 male and female in each division. Also medals for 1, 2, 3 combined handicap winners in each division. Winners of a trophy cannot win a handicap medal. There are some qualifications to be eligible to compete in the Club Championships and they are that competitors must have competed in their nominated division in a combined total of 50% of events, Open days and the June Canberra Federation from the start of the season. State Championships do not count towards qualification.



**Saturday 12<sup>th</sup> August** is our **Presentation day** and as well as the trophy presentation we have a **Trash 'n Treasure Auction**. We need everyone to have a look around at home and find some things (trash or treasure) that you can bring on the day of the auction. We also have a free BBQ lunch for everyone and we ask that everyone can bring a plate of goodies (cakes, pikelets, biscuits, muffins etc) for everyone to share for afternoon tea.



### **Sunday 27<sup>th</sup> August is the Second Federation**

The venue is **Wollongong** not West Dapto as we have in our Handbook. This means it is closer to Sydney. The timetable has been released by Athletics Australia but the course is definitely at Wollongong. All entries will be on line only. If you are intending to enter could you also inform us, as we have to do the handicaps.

### **Raffle**

Today we are holding our weekly raffle and tickets (3 for \$2) can be purchased and the winner will be drawn at the conclusion of events. Please support the club and you may even go home with a great prize! Cheryl Webb won the raffle on 15<sup>th</sup> July at Tempe and Maria McConville won the raffle at the State championships last Sunday. Maria was kind enough to donate the prize back to our club as she had won the raffle only a few weeks back. Congratulations ladies.

### **Canteen**

Our Canteen is open every Saturday with a large range of lollies, chips and chocolates as well as cans, water, tea, coffee, cakes and of course Cup of Soup with a bread roll. We hope you will be able to support our canteen.



# RESULTS

## Results of 15th July 2017 - NSWRC at Tempe

### Long Division 12km

Place	Name	Finish Time	Handicap Time	Handicap Place
1	Amanda Barendregt	70.39	47.45	1

### Medium Division - 8km

Place	Name	Finish Time	Handicap Time	Handicap Place
1	Ryan Thomson	42.31	40.29	5
2	Jasmyn McDonald	44.28	38.20	4
3	Teeghan Pengilly	47.19	37.35	3
4	Janaya Lee	47.58	35.09	2
5	Bayden White	55.28	27.01	1
INV	Brendan Hyde	74.41	-	-

### Short Division - 4km

Place	Name	Finish Time	Handicap Time	Handicap Place
INV	Hayden Blaskett	19.52	-	-
INV	Emma Blanch	21.16	-	-
1	Renee Hardy	22.16	20.30	4
INV	Jasmine Dighton	23.02	-	-
2	Brittany Robertson	24.02	20.31	5
3	Brooke Martin	25.00	18.14	1
INV	Amy Henry	26.08	-	-
4	Jada Thomson	26.27	21.45	8
5	Davina Lee	27.39	22.51	10
6	Nicolle Challinor	29.07	22.07	9
7	Nicole Nilon	29.08	21.06	7

### U16 Division - 2km

Place	Name	Finish Time	Handicap Time	Handicap Place
1	Elizabeth McMillan	9.33	9.20	1
2	Olivia Thomson	10.38	9.57	4
3	Ellie De Cellis	11.29	10.38	9
4	Isabelle Nilon	11.31	9.39	3
5	Rhianni Deagan	12.04	9.30	2
5	Shaqiulle Lee	12.04	10.03	6
7	Chia Walters	12.39	10.32	7
8	Brodia Douglas	12.49	9.58	5
9	Aiden Hardy	15.02	10.36	8

### U12 Division - 1.5km

Place	Name	Finish Time	Actual Time	Handicap Place
1	Milly Boughton	7.27	7.23	1
2	Peter Elliott	7.50	7.50	2
3	Amelia Crocker	13.06	8.30	3

### U10 Division - 500m

Place	Name	Finish Time	Handicap Time	Handicap Place
1	Christopher Nilon	2.35	2.33	1
2	Rudi Blackley	2.36	2.36	2
3	Dylan Ryan	3.19	2.54	3
4	Cara Lee	4.15	2.58	4